

Hi skiers and parents,

I'm glad to hear you are interested in participating in the Bill Koch Nordic ski program at Sleepy Hollow. My mission is to help children and their parents foster a passion for nordic skiing. Some kids become racers, others become back-country skiers, others become dedicated nordic enthusiasts and get their fix from a shuffle on a freshly groomed trail after a winter-storm. Whatever path your child's interest take in the future, having fun on skis now will help to develop a love for the sport, a love for winter and love for exercise and fresh air. Our parent coaches are like you and me. They love the sport and will do their best to help your child enjoy their day on the snow.

We meet every Friday at 3:45 beginning on Jan. 8th and go through the last weekend in Feb. The Bill Koch Festival is the first weekend in March. Sometimes we have extended the season another two Fridays depending on the snow conditions. We end our season with a family cookout, ski games and an offering to the Norwegian snow god Ullr. Practice is usually about an hour although if the skiing is good, some kids will want to ski longer. Come when you can, but if the skating is good or the birthday party is Friday afternoon, don't stress. We will be there next Friday when you join us for another day on the snow.

I will email you every Thursday night with regards to details about practice the following day.

The program is a parent volunteer program. The program divides up kids into groups by age and ability. We want kids to ski with their friends and we do our best to accommodate that. Please speak up if your child wants to be in a different group. It is informal, but we do need to have some structure so groups are not too big. If you are interested in being a parent coach, please contact me.

In need of Equipment?

This year Sleepy Hollow will be offering a lease program for kids equipment. Any questions regarding the program should be directed to Sleepy Hollow at 434-2283.

The lease program looks like this:

- 1.) If you want to rent equipment just on Fridays during practice time, the fee will be only \$50 per child for ski/boot/pole rental for the season.
- 2.) If you want unlimited time, i.e. you rent them for the entire season. We keep the skis here and whenever you come to Sleepy Hollow you can use them. The cost is \$75 per child.

Both programs are subject to availability

Attached you will find this year's Bill Koch Registration forms and information. Please print the two registration forms and return to me.

Thanks for your patience. I look forward to seeing you on the trails at Sleepy Hollow.